



SAVE *NEWSLETTER*

Saugus Action Volunteers for the Environment, Inc.

www.SaugusSAVE.org - www.SaugusSAVE.net - www.saugus.org/SAVE

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Winter 2012

PRESIDENT'S MESSAGE

By Ann Devlin

As we began 2012, many of us made resolutions for the New Year. I would like to focus on some environmental resolutions that all of us could make in 2012. There are so many little things that each of us could do to reduce our carbon footprint. And these things are so simple to do! Here are just a few examples:

- Ditch Bottled Water – bottled water has a huge carbon footprint. Try buying a reusable water bottle for your water.
- Unplug It – unplug appliances that you don't use frequently. Most electronics have a standby mode that siphons energy even when not in use. Cell phone chargers, laptops, stereos—there's a whole list of items that could be unplugged when not in use.
- Make Time for Errands – try bundling errands together to reduce how far you need to travel. Going back-and-forth to the same part of town on different days to run errands uses more gas than if you planned and did everything in the same area all at once. Also, by driving at or below the speed limit, you can reduce emissions. (And remember to take your reusable bags when going shopping.)
- Remember to Reduce, Reuse, Recycle

We would love to hear from you regarding any specific steps that you are taking to reduce your carbon footprint this year. Please share your 2012 environmental ideas/agenda at www.saugus.org/SAVE and click on the Facebook link. Or, if you're already on Facebook, you can simply "search" Saugus Action Volunteers for the Environment.

FREE EVENT

SAVE, the Friends of Breakheart, and DCR will host a Movie Night

at the Breakheart Reservation Christopher P. Dunne Visitors Center,

**177 Forest Street, Saugus,
on Friday, February 17, from 7 - 9:00 pm**

Feature Movie: Happy Feet

Please join us! For more information on this event, please visit www.saugus.org/SAVE

DID YOU KNOW?

In January 2012, 100-watt incandescent light bulbs were phased out of production, following a 2007 law aimed at cutting energy use. The 75-watt bulb goes next year and 60- and 40-watt bulbs in 2014.



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Compact fluorescent (CFL) and light emitting diode (LED) bulbs cut down on waste heat by running more efficiently. That helps the environment and our budgets too. Compact fluorescent light bulbs use about 75% less energy than incandescent bulbs and last much longer. Did you know that now, with newer bulbs on the market, you can have an LED bulb pushing out 60 watts that only uses 12 watts to do it.

So if you haven't already done so, now may be the perfect time to replace your household incandescent light bulbs with CFL and/or LED bulbs.

As a reminder – it is great to save money and energy with CFL bulbs, but PLEASE be aware that they **MUST** be disposed of either by bringing them to your local Home Depot or to Hazardous Waste Day because they do contain a small amount of mercury. Used CFL bulbs should be stored and transported in zip bags to prevent mercury exposure in case they should break. If a bulb breaks in your home, DO NOT VACUUM. Open a window to air the room and damp mop the spill.



SAVE'S ANNUAL DUES AND MEMBERSHIP RENEWAL DRIVE

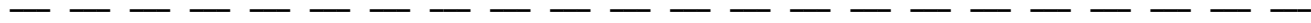
With about two-thirds of our membership now receiving their Newsletters electronically, this means that most members no longer see that friendly little **RED DOT** on the mailing label that acted as a reminder that annual dues were payable. Unfortunately, this has resulted in a severe shortfall in dues payment both this year and last year. As a result, this month SAVE is embarking on an annual dues and membership renewal drive.


It's important to remember that, despite rising costs in almost all other phases of our lives, **SAVE dues continue to be just \$5 per year for the first family member to join, plus \$3 for each additional family member who joins. Student dues are only \$1 per year.**

So, PLEASE, take a moment [right now](#) -- write out your check to "SAVE, Saugus" and mail it immediately to the SAVE Post Office Box address at SAVE, PO Box 908, Saugus, MA 01906. Also, if it is more convenient or cost effective to write one check for dues to cover multiple years, our Treasurer is able to track multi-year payments easily.

While SAVE annual dues have remained extremely low, your financial contributions are an important source of income that help support our ongoing efforts to promote a better quality of life in Saugus through environmental concern and action. These funds also make it possible for us to publish our newsletter, hold local Environmental Candidates' Nights, and grant an annual college scholarship to a local high school graduate or sponsor an environmental educational event.

Please use the tear-off sheet below when submitting your annual dues, indicating payment for the current fiscal year of 2012 and, if appropriate, for last fiscal year 2011.



 SAVE	<p>Enclosed is my check for SAVE Annual Membership Dues.</p> <hr/> <p>Annual Dues are \$5 for the first family member to join,</p> <p>plus \$3 for each additional family member. Student dues are \$1.</p>
Name(s)E- Mail	
Name(s)E-Mail	

Name(s)E-Mail	
Address.....	
Telephone	Cell Phone
2012	2011
Amount enclosed for dues.....\$ _____ \$ _____	
Contribution enclosed for Scholarship/Education Fund (if any).....\$ _____	
Contribution enclosed for Environmental Fund (if any).....\$ _____	
Total Amount enclosed\$ _____	
Please make check payable to 'SAVE, Saugus', and mail to SAVE, PO BOX 908, SAUGUS, MA 01906.	

Your continued support is most appreciated. Please direct questions regarding SAVE membership to Ann Devlin at adevlin@aisle10.net or at 781-233-5717.

**ATTENTION MEMBERS:
PLEASE CALL YOUR STATE
TO SUPPORT THE UPDATED**



**REPRESENTATIVES NOW
BOTTLE BILL**

Members, legislators on Beacon Hill are still stalling on passing the Updated Bottle Bill. And for every day they stall, another 2.7 million bottles end up as litter or trash that would be recycled under this bill {statistics from MassPIRG}. As you know, the updated Bottle Bill would add all the "new age" drinks -- iced tea, water, and sports drinks, etc. -- that we now consume to the law.

Please consider taking the time to contact your state representative *immediately* to encourage support for the Updated Bottle Bill, House 890. You can contact your appropriate state representative, either Donald Wong at 617-722-2000 or Kathi-Ann Reinstein at 617-722-2180.

The bottle bill is still the most successful recycling program in the state, with close to 70% of containers redeemed for recycling. So please make the effort to contact your state representative to encourage his/her support for the Updated Bottle Bill so that we can all continue to contribute to a healthier environment, cleaner and safer communities, and a stronger economy.

REMEMBER: SAVE was organized and incorporated in 1973, "to promote a better quality of life in Saugus through environmental concern and action."
For over 39 years, SAVE has been an instrumental part of the national grassroots environmental movement. By spearheading local campaigns and participating in statewide initiatives, SAVE is an effective advocate for the protection of our community's health and its natural resources.



SAUGUS TREE COMMITTEE UPDATE

The Saugus Tree Committee advises that it can always make good use of donations of new or recycled shovels, rakes, gloves, trowels, wheelbarrows or tools that volunteers can use at the Tree Farm. If anyone is able to make a donation of these or other tools, please contact Nancy Prag at 781-231-9531. Your generosity would be much appreciated.

The Tree Committee is busy planning several events for the Spring season, so watch future newsletters and local newspaper announcements for opportunities to volunteer and contribute to our town's environmental health while having fun.

SAVE NEWSLETTER AVAILABLE VIA E-MAIL

SAVE continues to encourage its members to opt to receive SAVE Newsletters by e-mail. Today, with increased technology, it is likely that more members have access to e-mail and would like to take advantage of the convenience of receiving the SAVE Newsletter via e-mail.

Some of the benefits of distributing the newsletter by e-mail are: reducing our collective carbon footprint by saving more trees because less paper will be used; saving electricity because less copying will need to be done; saving postage costs; members have instant access to relevant links within the text of the newsletter; and, members receive their newsletter several days earlier.

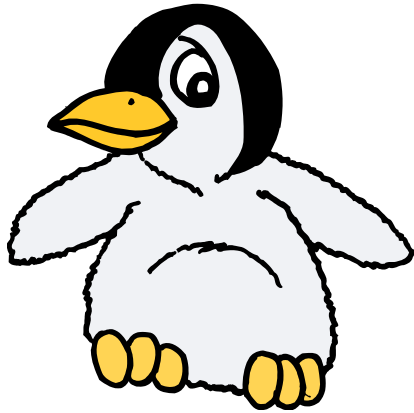
Approximately two-thirds of our members are already receiving their newsletters by e-mail. Wouldn't you like to join them? We urge anyone who is interested in receiving your SAVE Newsletter by e-mail to let us know immediately.

Please contact Ann Devlin at adevlin@aisle10.net or at 781-233-5717 to provide your name and e-mail address. We appreciate your cooperation.

The SAVE Newsletter can also be viewed, downloaded, saved, and printed at our websites - www.saugus.org/SAVE or www.SaugusSAVE.org

PLEASE REMEMBER TO: REDUCE, REUSE, RECYCLE





****FREE****

MOVIE NIGHT

Movie viewing of “HAPPY FEET ”

This is the story of a little penguin named Mumble who has a terrible singing voice and later discovers he has no Heartsong. However, Mumble has an astute talent for something that none of the penguins had ever seen before: tap dancing. Though Mumble's mom, Norma Jean, thinks this little habit is cute, his dad, Memphis, says it "just ain't penguin." Besides, they both know that, without a Heartsong, Mumble may never find true love. As fate would have it, his one friend, Gloria, happens to be the best singer around. Mumble and Gloria have a connection from the moment they hatch, but she struggles with his strange "hippity-hoppity" ways. See the epic adventures of Mumble as he sets out across the vast Antarctica landscape and proves that by being true to yourself, you can make all the difference in the world. A PG rated film.

Where: **BREAKHEART RESERVATION**, at the Christopher P. Dunne Visitor Center, 177 Forest Street, Saugus

Date: **Friday, February 17, 2012**

Time: **7:00 pm**

LIGHT REFRESHMENTS INCLUDED

SPONSORED BY Saugus Action Volunteers for the Environment (SAVE), Friends of Breakheart & DCR

Questions? Call Ann Devlin at 781-233-5717

COME JOIN US